

Newsletter - December 2017

Frimley Health & Care

Sustainability and Transformation Partnership

Working together to transform the way health and social care is delivered locally.



Working together: making a difference

“This has been the most successful of my 29 years at Frimley” said Sir Andrew Morris Chair of the Frimley Health and Care Sustainability Transformation Partnership (STP), at a recent visit by Professors Chris Ham and Don Berwick from renowned think tank, The Kings Fund. He was referring to the impact the Frimley Health and Care System is already having on the demand for hospital care; over the last year the increase in the number of people attending A&E has stalled, with fewer people being referred by their GP and fewer emergency admissions, and more people being treated at home.



From Farnham in the south of the STP area to Slough in the north, many new ways of working have impacted positively on our hospitals. Changes to primary care services, helping you see the right health care professional more quickly and easily in North East Hampshire and Farnham, Integrated Care Services in Surrey Heath where health and social care work in the same team, and specialised care in community settings in Slough, are all making a difference to patients, staff, and services across the area.



Professor Chris Ham said, “We were struck by the energy and commitment of clinicians and others in leading improvements in care. These improvements are happening from the bottom up in contrast to many previous reforms which have been promoted from the top down, and have often failed to engage front line teams. We saw evidence of this alongside the growing involvement of patients and users. Many of the changes taking

place go well beyond mainstream health and care services and draw on the contribution of volunteers and a wide range of community assets. Accountable Care System (ACS) partnerships provide an opportunity to demonstrate that rising demand for hospital care is not inevitable if clinicians and managers are willing to embrace new ways of working. Patients and staff both benefit from the changes we saw, demonstrating that innovation is alive and well in the NHS and is producing tangible improvements in care.”

The Frimley Health and Care STP is in a strong position for when it becomes an ACS from April 2018, with a common understanding of how to improve health and care services for the 800,000 people in the local area, and strong relationships to deliver the vision for how we best use our combined resources to make a positive difference for our communities, residents, patients and staff.



£28 Million funding award to provide healthcare in new ways

Frimley Health and Care STP is working together with our communities and partners to provide a joined up health and social care system which is fit for the future and addresses the challenges we face. The vision is to deliver joined-up care which supports our patients and residents to stay healthy and independent for longer, and to stay out of hospital supported by coordinated teams of health care, community, social care and voluntary services professionals.

To achieve an integrated care model across all STP communities we need to invest in facilities. By developing a network of integrated hubs, each serving around 30,000-50,000 people, we will provide a connected out-of-hospital service in the best locations, in fit-for-purpose buildings. We know the model works from test sites in North East Hampshire and Farnham Vanguard, and in Surrey Heath.

Project lead Fiona Slevin-Brown said, “We are delighted to have been awarded this funding from NHS England, which will make a significant impact to the quality of services provided and the outcomes for our local populations. Our bid was developed with a range of local people and organisations, and reflects our level of ambition for transforming health and care services across the Frimley Health and Care STP system. We will be working with local communities to shape these new services, so watch this space for your chance to get involved.”



£1 million to help transform care for people with diabetes

People with type 1 diabetes in the Frimley Health and Care STP area will be getting better care and treatment thanks to a successful £1 million funding bid to NHS England.

All the partners in the STP will be working to:

- Use a single referral hub to provide people diagnosed with diabetes with easy access, structured educational courses to help them better manage their own health.
- Help GP practices to detect and treat diabetes earlier, achieving targets set out in the National Diabetes Audit.
- Reduce the number of diabetes-related foot amputations through regular patient review meetings by a multi-disciplinary foot care team, comprising experts from different specialities. GPs will also be able to refer into the team any patients who are in need of specialist help.
- Increase the number of Inpatient Diabetes Specialist Nurses within hospital settings to support patients whilst in hospital, reducing their length of stay and helping to prevent readmission.



Dr Nithya Nanda, Diabetes lead, said: “The NHS England funding will go a long way in transforming diabetic foot care by way of reducing amputations and achieving better control of diabetes and high blood pressure to reduce long-term, life-threatening complications for our patients.

“Part of the £1 million funding will also be used to improve patients’ experience of managing their diabetes when admitted to hospital and also to start empowering patients for self-management and self-care with structured education. This is all very positive news for our local residents.”

Personal health budgets putting people in control of their care

Bracknell Forest Council’s adult social care team is working with Bracknell and Ascot Clinical Commissioning Group (BACCG) to trial personal health budgets for people with learning disabilities, autistic spectrum disorder (ASD), physical health, or mental health conditions.

The pilot forms part of the council’s transformation of its adult social care services which, through working more closely with health and voluntary sector organisations, aim to support people to be as independent as possible. The work also meets the Frimley Health and Care STP aim of ensuring care is integrated and efficient. If successful, Bracknell Forest Council and BACCG will look to roll out personal health budgets to all people who meet BACCG’s criteria for continuing healthcare in 2018, and this will be explored as an option across the whole STP.

Bracknell Forest, Windsor and Maidenhead and Slough have selected 40 people for the six month trial, during which they will have more choice and control over the care they receive. A personal health budget is money to pay for an individual’s healthcare, which they are then able to spend on their treatment, healthcare or equipment to support their condition, as part of a plan agreed with health and social care professionals. If an individual is unable to make decisions themselves, a carer or guardian will become the budget holder, with council and health teams ensuring they know which options are available.



The council currently supports people with social care needs via direct payments and, where a health need is identified, the resident is referred to the CCG, which provides a separate healthcare package. Under the personal health budgets model, the council works alongside healthcare teams to provide an individual with their own health budget.

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