



Frimley Health
NHS Foundation Trust

**Macmillan Cancer Information and Support Centre at
Wexham Park Hospital - Tel: 0300 615 4886
E-mail: fhft.macmillan.information@nhs.net**

**Macmillan Cancer Navigators at
Frimley Park Hospital - Tel: 0300 613 3535
E-mail: fhft.macmillan.cancernavigators@nhs.net**

A drop-in centre at Wexham Park Hospital providing a wide range of free information to help people with cancer, their friends, families, and carers. We offer cancer patients general support, practical advice and referrals to wellbeing and benefit services.

(Due to COVID-19 services may change - please check with providers directly for latest information)

Head and Neck Cancer Support Information Sheet

Agency	Contact Details
<p>Macmillan Cancer Support Offering free confidential advice, support, and information with access to appropriate up-to-date resources and online communities.</p>	<p>Tel: 0808 808 0000</p> <p>www.macmillan.org.uk</p>
Berks/Middlesex/Oxfordshire	
<p>Heads2gether – Head & Neck Cancer Support</p> <p>Reading - Currently providing virtual support</p> <p>Oxford - Currently providing virtual support</p>	<p>www.heads2gether.net Email: contacts@heads2gether.net</p> <p>Tel: 01865 751882 IKEA, Pincents Kiln, Calcot, Reading, RG31 7SD. Tel: 0800 023 4550</p> <p>Maggie's Centre, The Patricia Thompson Building, Churchill Hospital, Old Road, Oxford, OX3 7LE</p>
<p>Head & Neck Support Group Held on 2nd Tuesday 4pm</p>	<p>Tel: 020 3826 2555 Post Graduate Centre Mount Vernon, Northwood. www.ljmc.org</p>
Hampshire/Surrey	
<p>About Face Offers support at any stage to those with a head and neck cancer diagnosis, and to family members and carers.</p>	<p>The About Face Centre, 111 Longfleet Road, Poole BH15 2HP. Tel: 01202 677340, Email: Annabelle@about-face.info</p>
National	
<p>Mouth Cancer Foundation A professional support organisation solely dedicated to helping people with mouth, throat and other head and neck cancers deal with the crisis of cancer. The charity gives resources, information and contact with people in a similar situation at a difficult time.</p>	<p>Tel: 01924 950950</p> <p>www.mouthcancerfoundation.org</p> <p>E-mail: info@mouthcancerfoundation.org</p>

<p>Heads2gether Online support, information, advice, events, and meetings for anyone affected by head and neck or mouth cancer. Support currently via Zoom</p>	<p>Tel: 0800 023 4550 www.heads2gether.net</p>
<p>Changing Faces Support and service for people living with conditions, marks or scars that affect their appearance. Providing virtual support</p>	<p>Tel: 0300 012 0275 (National) Email: support@changingfaces.org.uk www.changingfaces.org.uk</p>
<p>Let's Face It An international support network for people with facial disfigurement. Providing information, support and advice.</p>	<p>Website contact only Email: sandra.smith@lets-face-it.org.uk www.lets-face-it.org.uk</p>
<p>The Facefax Association Online support, information and advice for people with face, head, neck and mouth cancer.</p>	<p>Tel: 07541 998 711 www.facefax.org.uk E-mail: contact@facefax.co.uk</p>
<p>The Swallows – Head and Neck Cancer Support Charity run by patients, carers, family and friends offering support 24/7. Can help on a one-to-one basis or in a group situation and can signpost to other third party services if this is required. Providing virtual support</p>	<p>24/7 Support line: 07504 725 059 Contact: 01253 428 940 E-mail: info@theswallows.org.uk www.theswallows.org.uk</p>
<p>The Saving Faces If you have just received a diagnosis or are about to undergo facial surgery this helpline can put you in contact with a former patient who understands.</p>	<p>Tel: 07487 235438 Email: helpline@savingfaces.co.uk www.savingfaces.co.uk</p>

Author	Macmillan Cancer Information and Support Centre		
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For a translation of this leaflet or for accessing this information in another format:



Please contact (PALS) the Patient Advice and Liaison Service on:

Frimley Park Hospital

Telephone: 0300 613 6530

Email: fhft.palsfrimleypark@nhs.net

Wexham Park & Heatherwood Hospitals

Telephone: 0300 615 3365

Email: fhft.palswexhampark@nhs.net

Frimley Park Hospital Portsmouth Road Frimley Surrey, GU16 7UJ	Heatherwood Hospital London Road Ascot SL5 8AA	Wexham Park Hospital Wexham Slough Berkshire, SL2 4HL
Hospital switchboard: 0300 614 5000		Website: www.fhft.nhs.uk

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Please remember that this leaflet is intended as general information only. We aim to make the information as up to date and accurate as possible. Please therefore always check specific advice or any concerns you may have with your doctor.