

**Macmillan Cancer Information and Support Centre at  
Wexham Park Hospital - Tel: 0300 615 4886  
E-mail: [fhft.macmillan.information@nhs.net](mailto:fhft.macmillan.information@nhs.net)**

**Macmillan Cancer Navigators at  
Frimley Park Hospital - Tel: 0300 613 3535  
E-mail: [fhft.macmillan.cancernavigators@nhs.net](mailto:fhft.macmillan.cancernavigators@nhs.net)**

**A drop-in centre at Wexham Park Hospital providing a wide range of free information to help people with cancer, their friends, families, and carers. We offer cancer patients general support, practical advice and referrals to wellbeing and benefit services.**

**(Due to COVID-19 services may change - please check with providers directly for latest information)**

## **Colorectal/Lower GI Support Information Sheet**

<b>Agency</b>	<b>Contact Details</b>
<b>Macmillan Cancer Support</b> Offering free confidential advice, support, and information with access to appropriate up-to-date resources and online communities. Macmillan can also send you a free toilet card and key ring.	Tel: 0808 808 0000  <a href="http://www.macmillan.org.uk">www.macmillan.org.uk</a>
<b>Bucks/Berks/Surrey</b>	
<b>Reading Bowel Cancer Support Group</b> Support group meetings for those in and around the Reading area. Contact Ted to book place at Earley Crescent Centre Reading.	Tel: 0118 961 8297 (079747 90558) Email: <a href="mailto:ted.wingrove@ntlworld.com">ted.wingrove@ntlworld.com</a>  for meeting <a href="http://www.rva.org.uk/organisation/rdgbowelcancersupport/">www.rva.org.uk/organisation/rdgbowelcancersupport/</a> <a href="http://www.beatingbowelcancer.org">www.beatingbowelcancer.org</a>

<p><b>WAMS</b> (Windsor, Ascot, Maidenhead, Slough)  <b>Stoma Support.</b>  A support group for people with a stoma, their carers and family members 2nd Monday of every month via Zoom – email for details of the link.</p>	<p>Contact Giovanni on Tel: 0118 939 1537  Email: <a href="mailto:wamsstoma@gmail.com">wamsstoma@gmail.com</a></p>
<p><b>South East Cancer Help Centre – Bowel cancer Support Group</b>  Meet on the 1<sup>st</sup> Wednesday of each month  <b>Currently via Zoom</b></p>	<p>Tel: 020 8668 0974  Email: <a href="mailto:info@bowelcancersupport.org.uk">info@bowelcancersupport.org.uk</a>  contact <a href="mailto:john.amos@sechc.org.uk">john.amos@sechc.org.uk</a> to book</p>
<b>National</b>	
<p><b>Bowel Cancer UK</b>  Providing information and online community and support anyone affected by bowel cancer</p>	<p>Tel: 0207 940 1760 Mon-Fri 09:00 to 17:00  <a href="http://www.bowelcanceruk.org.uk">www.bowelcanceruk.org.uk</a>  <a href="http://www.bowelcanceruk.org.uk/forum">www.bowelcanceruk.org.uk/forum</a>  E-mail: <a href="mailto:nurse@bowelcancer.org.uk">nurse@bowelcancer.org.uk</a> or <a href="mailto:admin@bowelcancer.org.uk">admin@bowelcancer.org.uk</a></p>
<p><b>Bladder and Bowel Community</b>  UK wide charity for people with bladder and bowel control problems. Online and telephone support and information.</p>	<p>Tel: 01926 357220  Nursing Service: 0800 234 6569 or <a href="mailto:nurse@bladderandbowel.org">nurse@bladderandbowel.org</a>  <a href="http://www.bladderandbowel.org">www.bladderandbowel.org</a>  E-mail: <a href="mailto:help@bladderandbowel.org">help@bladderandbowel.org</a></p>
<p><b>The HPV and Anal Cancer Foundation</b>  Raising awareness and providing information and support.</p>	<p>Tel: 020 3488 6567  <a href="http://www.analcancerfoundation.org">www.analcancerfoundation.org</a>  E-mail: <a href="mailto:info@analcancerfoundation.org">info@analcancerfoundation.org</a></p>
<p><b>Colostomy UK</b>  Provides support, reassurance and practical information to anyone who has or is about to have a colostomy.</p>	<p>24 hour helpline: 0800 328 4257  <a href="http://www.colostomyuk.org">www.colostomyuk.org</a>  E-mail: <a href="mailto:info@colostomyuk.org">info@colostomyuk.org</a></p>

<p><b>IA The Ileostomy and Internal Pouch Support Group</b></p> <p>A support group which has the primary aim of helping people who have had their colon removed.</p>	<p>Tel: 0800 0184 724</p> <p><a href="http://www.iasupport.org">www.iasupport.org</a></p> <p><a href="mailto:info@iasupport.org">info@iasupport.org</a></p>
<p><b>Stomawise</b></p> <p>An internet-based support website for Ostomates of all types.</p>	<p>Tel: 0843 849 7459</p> <p>Email: <a href="mailto:admin@stomawise.co.uk">admin@stomawise.co.uk</a></p> <p><a href="http://www.stomawise.co.uk">www.stomawise.co.uk</a></p> <p><b>Please note: Office Closed due to Covid-19</b></p>
<p><b>RADAR National Key Scheme</b></p> <p>Independent access to (NKS) locked public toilets around the country with purchase of an NKS key.</p>	<p>General tel: 0330 995 0400</p> <p>Shop tel:0203 687 0790</p> <p><b>Email:</b> <a href="mailto:shop@disabilityrightsuk.org">shop@disabilityrightsuk.org</a></p> <p><a href="http://www.disabilityrightsuk.org">www.disabilityrightsuk.org</a></p>
<p><b>Just Can't Wait</b></p> <p>A small, convenient and well recognised card that greatly improves your ability to gain access to toilet facilities.</p>	<p><a href="http://www.bladderandbowel.org/help-information/just-cant-wait-card/">www.bladderandbowel.org/help-information/just-cant-wait-card/</a></p>
<p><b>Pelvic Radiation Disease</b></p> <p>Offering support and information to patients suffering from the effects of pelvic radiation.</p>	<p>Tel: 01372 744338</p> <p><a href="http://www.prda.org.uk">www.prda.org.uk</a></p> <p>Email: <a href="mailto:Info@prda.org.uk">mailto:Info@prda.org.uk</a></p>
<p><b>Charter Health Care</b></p> <p>Delivering ostomy prescription products direct to your door free of charge in unmarked packages.</p>	<p>Freephone 0800 587 4047</p> <p>Email <a href="mailto:hcp@coloplastcharter.co.uk">hcp@coloplastcharter.co.uk</a></p> <p><a href="http://www.charter.co.uk">www.charter.co.uk</a></p>
<p><b>White Rose Collection</b></p> <p>Useful products to make life with a stoma more comfortable.</p>	<p>Tel: 0345 4601910</p> <p><a href="http://www.whiterosecollection.com">www.whiterosecollection.com</a></p>

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**For a translation of this leaflet or for accessing this information in another format:**



Please contact (PALS) the Patient Advice and Liaison Service on:

**Frimley Park Hospital**

Telephone: 0300 613 6530

Email: fhft.palsfrimleypark@nhs.net

**Wexham Park &**

**Heatherwood Hospitals**

Telephone: 0300 615 3365

Email: fhft.palswexhampark@nhs.net

<b>Frimley Park Hospital</b> Portsmouth Road Frimley Surrey, GU16 7UJ	<b>Heatherwood Hospital</b> London Road Ascot SL5 8AA	<b>Wexham Park Hospital</b> Wexham Slough Berkshire, SL2 4HL
<b>Hospital switchboard:</b> 0300 614 5000		<b>Website:</b> <a href="http://www.fhft.nhs.uk">www.fhft.nhs.uk</a>

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