



Frimley Health  
NHS Foundation Trust

**Macmillan Cancer Information and Support Centre at  
Wexham Park Hospital - Tel: 0300 615 4886  
E-mail: [fhft.macmillan.information@nhs.net](mailto:fhft.macmillan.information@nhs.net)**

**Macmillan Cancer Navigators at  
Frimley Park Hospital - Tel: 0300 613 3535  
E-mail: [fhft.macmillan.cancernavigators@nhs.net](mailto:fhft.macmillan.cancernavigators@nhs.net)**

**A drop-in centre at Wexham Park Hospital providing a wide range of free information to help people with cancer, their friends, families, and carers. We offer cancer patients general support, practical advice and referrals to wellbeing and benefit services.**

**(Due to COVID-19 services may change - please check with providers directly for latest information)**

## **Prostate Cancer Support Information Sheet**

<b>Agency</b>	<b>Contact Details</b>
<b>Macmillan Cancer Support</b> Offering free confidential advice, support, and information with access to appropriate up-to-date resources and online communities.	Tel: 0808 808 0000  <a href="http://www.macmillan.org.uk">www.macmillan.org.uk</a>
<b>Bucks/Berks/Oxfordshire/Surrey/Hampshire</b>	
<b>Compass Prostate Cancer Support Group</b> - A support group for those in South Bucks, East Berks and West London affected by Prostate Cancer. <b>Meetings currently via Zoom</b>	Tel: 07947 893291 Email: <a href="mailto:pca.group.members@gmail.com">pca.group.members@gmail.com</a>  7pm-9pm on the 2 <sup>nd</sup> Thursday of every month And Friday's 10am-11am - Polish Association in Stoke Poges.
<b>Chilterns Prostate Cancer Support Group</b> - Online info, patient-led group providing information, support and meetings 3-4 times yearly at High Wycombe Cricket Club.	Email via a web form on the contact's page  <a href="http://www.chilternsprostatecancersupportgroup.co.uk">www.chilternsprostatecancersupportgroup.co.uk</a>  Email: <a href="mailto:andrew@scott-priestley.co.uk">andrew@scott-priestley.co.uk</a>

<p><b>The Reading Prostate Cancer Support Group</b>  Meetings held on the first Friday of every month at St Andrew's Church Hall, Reading RG1 5BD. 6:30pm to 8:45 pm.  <b>Meeting currently via Zoom</b></p>	<p>Nursing Support: 0118 357 0482.  Email: <a href="mailto:support@rpcsg.org.uk">support@rpcsg.org.uk</a>  <a href="http://www.rpcsg.org.uk">www.rpcsg.org.uk</a></p>
<p><b>Oxfordshire Prostate Cancer Support Group</b>  Information and support group,  <b>Virtual meetings currently available</b></p>	<p>Tel: 01865 595109  <a href="http://www.opcsg.org">www.opcsg.org</a>  Email: <a href="mailto:secopcsg@btinternet.com">secopcsg@btinternet.com</a></p>
<p><b>Metro Walnut (London)</b>  A peer-led monthly group LGBTQ affected by prostate cancer.  <b>Now established as virtual meeting</b></p>	<p>Tel: 020 8305 5000  <a href="http://www.metrocharity.org.uk/community/metro-walnut">www.metrocharity.org.uk/community/metro-walnut</a>  Email: <a href="mailto:simon.faulkner@metrocharity.org.uk">simon.faulkner@metrocharity.org.uk</a></p>
<p><b>The Prostrate Project (Frimley Park and Guildford)</b>  Patient led group. Come along and meet others, who understand your situation, in a friendly and informal environment  <b>See website for updates</b></p>	<p>Support Group: 01483 406870  Email: <a href="mailto:supportgroup@prostate-project.org.uk">supportgroup@prostate-project.org.uk</a>  <a href="http://www.prostate-project.org.uk">www.prostate-project.org.uk</a></p>
<p><b>Purley Prostrate Cancer support group</b> - South East Cancer Help Centre, 2 Purley Road, Purley, Surrey CR8 2HA. Meeting first Monday of the month 10:30am to 12:30pm.  <b>Contact centre for Zoom meeting details</b></p>	<p>Email: <a href="mailto:terry.garrigan@sechc.org.uk">terry.garrigan@sechc.org.uk</a>  <b>Tel:</b> 020 8668 0974  <a href="http://www.sechc.org.uk">www.sechc.org.uk</a></p>

<p><b>North Hampshire Prostate Cancer Support group</b>  the opportunity to share their experiences of diagnosis, treatment, and its side-effects in a safe, confidential environment.  Virtual meetings currently via Zoom</p>	<p>Tel: 07377 430242</p> <p>Email: <a href="mailto:info@nhpcsg.org.uk">info@nhpcsg.org.uk</a></p>
<b>National</b>	
<p><b>Prostate Cancer UK</b>  Providing online support, advice and information. Campaigning to reach more men. Telephone support and advice. Live Chat is available</p>	<p>Tel: 0800 074 8383</p> <p>Or email via contact form on the web site</p> <p>Text: NURSE to 70004</p> <p><a href="http://www.prostatecanceruk.org">www.prostatecanceruk.org</a></p>
<p><b>Tackle Prostate Cancer</b>  Providing online information and telephone support.</p>	<p>National Helpline Tel: 0800 035 5302</p> <p>Email: <a href="mailto:helpline@tackleprostate.org">helpline@tackleprostate.org</a></p> <p><a href="http://www.tackleprostate.org">www.tackleprostate.org</a></p>
<p><b>The Friends of Prostate Sufferers (FOPS)</b>  Raising awareness, meetings and support groups in Chorleywood area</p>	<p>Telephone Bob: 01923 284424 or 07799 475199</p> <p>Email: <a href="mailto:bobarthy@hotmail.com">bobarthy@hotmail.com</a></p> <p><a href="http://www.thefops.org.uk">www.thefops.org.uk</a></p>

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**For a translation of this leaflet or for accessing this information in another format:**



Please contact (PALS) the Patient Advice and Liaison Service on:

**Frimley Park Hospital**

Telephone: 0300 613 6530

Email: fhft.palsfrimleypark@nhs.net

**Wexham Park &**

**Heatherwood Hospitals**

Telephone: 0300 615 3365

Email: fhft.palswexhampark@nhs.net

<b>Frimley Park Hospital</b> Portsmouth Road Frimley Surrey, GU16 7UJ	<b>Heatherwood Hospital</b> London Road Ascot SL5 8AA	<b>Wexham Park Hospital</b> Wexham Slough Berkshire, SL2 4HL
<b>Hospital switchboard:</b> 0300 614 5000		<b>Website:</b> <a href="http://www.fhft.nhs.uk">www.fhft.nhs.uk</a>

#### Legal Notice

Please remember that this leaflet is intended as general information only. We aim to make the information as up to date and accurate as possible. Please therefore always check specific advice or any concerns you may have with your doctor.